



Menstrual Care Program

The Manitoba government will make the province the first in Canada requiring employers to provide free menstrual products to employees at no cost, ensuring workers have access to basic necessities while on the job. The new requirements will come into effect early **August 2026**, giving employers time to prepare and purchase any necessary supplies.

What you need to know

Beginning in August, all provincially regulated companies **MUST** provide **free menstrual** products to their employees in washrooms or other accessible areas.

Products must be free of charge to workers. The Workplace Safety and Health Branch will enforce compliance through inspections and investigations. Violations of the new requirement can lead to hefty penalties under the Act including:

- Administrative Penalties: Range from **\$1,000 to \$5,000**
- Daily Penalties: Up to **\$50,000 to \$100,000** for each day an offence continues.

The Reality of Period Poverty in Canada

- **1 in 6 people** who menstruate in Canada (**17%**) have experienced period poverty, meaning they could not afford or access menstrual products when needed.
- That number rises to **1 in 4 (25%)** among lower-income households, particularly those earning **under \$40,000 annually**
- **82% of Canadians who menstruate** say period products are **too expensive**, rising to 88% among those aged 18 to 24.



The Essential Menstruation Products to Stock Up

Dispensers



Hospeco® White D1
Dual Napkin Tampon
Dispenser - **37350070**



Hospeco® CPD Comfort Plus
Courtesy Menstrual Care Product
Dispenser - **27000041**

Sanitary Items



Assure™ Regular Tampax
Tampons in Vending Tube
500/CS T500 - **27000007**



Maxithins® Maxi
Pad, Vended, Full
Protection - **27000059**



Maxithins® Ultra-Thin with
Wings 200CT Vended
Napkin - **27000022**

Receptacles



Frost® Surface Mounted
Napkin Disposal - **37350007**



Hospeco® KL260 Waxed
Paper Sani-Sac Liner -
27000056